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# Correlation of FXIII Val34Leu Polymorphism with Decreased Risk of Myocardial Infarction in Egypt

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# Authors' contributions

This work was carried out in collaboration between all authors. Authors HKA and OFL designed the study. Authors HKA and HFA wrote the manuscript and managed the literature searches. Authors HKA, MKE and AAH performed the genotyping analysis. Authors OFL, HFA and FMM collected the recruited subjects, cardiac diagnosis data from cardiologists and performed clinical chemistry tests. Authors HFA and MKE performed the statistical analysis. All authors read and approved the final manuscript.

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# ABSTRACT

**Aim:** Factor XIII is a transglutaminase that crosslinks fibrin in the last steps of the coagulation process. A few polymorphic sites have been identified in this gene, one of them being a point mutation (FXIII Val34Leu), leading to an amino acid change of valine to leucine. Several studies were published on the association between FXIII 34Leu allele and a decreased incidence of myocardial infarction (MI) with high controversy results dependent on the population. The aim of our study was to further investigate the possible protective role of the FXIII 34Leu allele polymorphism against acute MI in Egyptian patients.

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**Study Design:** Clinical examination by cardiologist specialists, blood test for biochemical markers and DNA genotyping using specific molecular sensing probes in Real Time PCR.

**Place and Duration of Study:** Patients were recruited from consecutive admission to the coronary care unit, Suez Canal University Hospital, Ismailia, Egypt.

**Material and Methods:** Total 107 subjects were recruited and subdivided into two main groups; patients (82) and control group (25). On admission, the following data were fulfilled: age, smoking, history of Diabetes Mellitus (DM) and Hypertension (HTN), family history of MI. Clinical examination: Blood pressure and Body Mass Index calculation were done and for patients a short outcome prognosis was done using left ventricular Ejection Fraction (EF). Routine laboratory investigations for recruited groups including fasting and postprandial glucose level, Triglycerides, total Cholesterol, HDL-C and LDL-C were carried out. Factor XIII Val34Leu was genotyped for all the recruited subjects using site specific molecular probes in real time PCR.

**Results:** Obtained data were analyzed using OD and CI values, Pearson correlation coefficient Inter-correlations and Regression analysis model that showed insignificant association between FXIII Val34Leu polymorphism and MI patients.

**Conclusion:** FXIII 34Leu variant has no association with reduced incidence of myocardial infarction in Egyptian patients.

Keywords: Factor XIII Val34Leu genetic polymorphism; transglutaminase; acute myocardial infarction; Egypt.

## ABBREVIATIONS

AP: Activated peptide; Arg37 and Gly38: Arginine 37 and Glycine 37; CAD: Coronary artery disease; CVD: Cardiovascular disease; Cys311: Cysteine 311; FBG: Fasting blood glucose; FXIII: Factor III; MI: Myocardial infarction; PCR: Polymerase chain reaction; SNPs: Single nucleotide polymorphisms; Val34Leu: Valine34 Leucine.

## 1. INTRODUCTION

Several subsequent studies confirmed a positive association between plasma levels of coagulation factors and the risk of arterial cardiovascular diseases (CVDs) [1]. Most myocardial ischemic events occur through plaque ruptures that precipitate the formation of an occluding thrombus [2]. The growth and stability of a thrombus may be affected by an increased activity of the coagulation system or a decreased activity of the fibrinolytic system [3]. Factor XIII (FXIII) is a protransglutaminase which plays a pivotal role in the coagulation process by cross-linking fibrin in the final stages of blood coagulation and facilitating the resistance to fibrinolysis. It circulates as a heterotetramer composed of two A and two B subunits. The 731 amino acid A subunits contain the active site cysteine, while the 661 amino acid B units serve as carrier proteins. FXIII is activated by thrombin, which cleaves the peptide bond between arginine (Arg37) and glycine (Gly38) of the A subunit and releases a 37 amino acid amino-terminal activation peptide (AP). The presence of fibrin accelerates the activation of FXIII by thrombin. In the presence of calcium, the A subunit dimer then dissociates from the B subunits and undergoes a conformational change that exposes the active site (Cysteine 311, which is found within the sequence Tyrosine-Glycine-Glutamine-Cysteine-Tryptophan). Activated factor XIII (FXIIIa) catalyzes the formation of the y-glutamyl- $\varepsilon$ -lysine peptide bonds between the y and  $\alpha$  chain in non-covalently bound fibrin polymers. FXIIIa also incorporates the adhesive proteins, fibronectin and thrombospondin

and the antifibrinolytic protein,  $\alpha$ -2-antiplasmin, into the fibrin clot via similar linkages. The net result is a stable clot that is relatively resistant to shear forces and fibrinolysis. In addition to its role in blood coagulation, FXIII also contributes to extracellular matrix remodeling, tissue repair, wound healing and in maintaining pregnancy and cell adhesion and migration. Occlusion of the artery leading to ischaemia and myocardial injury is usually caused by potent thrombus formation and clotting in which blood coagulation factor XIII (FXIII) is involved by cross-linking fibrin molecules in the clot stabilizing it and producing resistance [4-8].

Myocardial infarction (MI) represents the end-point of a genetically complex disease and its development and progression underlies interactions between environmental and genetic influences [9]. As described by Lane and Grant [10]. Genetic polymorphism is considered a strong indicator of disease risk when mediated through a phenotype and a positive family history [9]. The FXIII gene has several common single nucleotide sequence variations, which encode amino acid substitutions. The gene coding for the FXIII-A subunit is located on chromosome 6p24–25, spanning 160 kilobases (kb) and consists of 15 exons interrupted by 14 introns encoding a mature protein of 731 amino acids [11].

Five common coding polymorphisms have been identified in the FXIII-A subunit: Val34Leu, Tyr204Phe, Pro564Leu, Val650IIe and Glu651Gln. A common G base to T base polymorphism in exon 2 of the FXIII-A subunit gene (Val34Leu) causes a valine-to-leucine change at position 34; three amino acids upstream from the thrombin cleavage site. However, the thrombotic role of this polymorphism is controversial and might be specific to populations. This polymorphism exists in approximately 20% of white European, 40% of Pima Native American, 13% of South Asian, 2.5% of Asians, 28.9% of Blacks, 44.3% of Caucasians, 51.2% of Amerindians populations [12-17]. The 34Leu allele is virtually absent in the Japanese population and present in 11–27% in Australian Caucasians [18].

The aim of our study is analyzing genetic polymorphism of FXIII 34Leu allele in Myocardial infarction (MI) Egyptian patients and detect any possible associations in-between and assessing the protective effect (if any) of this polymorphism.

## 2. PATIENTS AND METHODS

Patients were recruited from consecutive admission to the coronary care unit, Suez Canal University Hospital, Ismailia, Egypt.

A-Priori test was performed to identify the requested numbers of subjects in each group using anticipated effect size (Cohen's d) (0.6), Desired statistical power level (0.8) and Probability level (0.05). The obtained calculations were Minimum total sample size (two-tailed hypothesis) (90).

The recruited subjects (total 107) were subdivided into two main groups; patients (total 82) and control group (total 25). On admission, the following data were fulfilled for all recruited groups: age, smoking, history of Diabetes Mellitus (DM) and Hypertension (HTN), family history of MI and stroke. Clinical examination: Blood pressure examination and Body Mass Index (BMI) calculation were carried out and for patients a short outcome prognosis was done using left ventricular Ejection Fraction (EF).

Routine laboratory investigations for all recruited groups including fasting and postprandial glucose level, Triglycerides, total Cholesterol, high density lipoprotein (HDL-C) and low

density lipoprotein (LDL-C) were carried out using Hitachi 912 auto-analyzer (Roche Diagnostics GmbH. Str. Mannheim, Germany).

## 2.1 Myocardial infarction Diagnosis and FXIII (Val34Leu) Polymorphism Genotyping

Diagnosis of patients with acute MI was carried out by cardiologist consultants in the University cardiology clinic and based on full history taking, clinical examination, resting ECG, cardiac enzymes and echocardiography. MI was defined either by presence of ST-Segment Elevation (STE) or depression (non-STE) at the J-point  $\geq 1$  mm in two or more contiguous leads, In leads V2 and V3, 2 mm of ST elevation in men and 1.5 mm in women was required, new left bundle branch block or development of pathologic Q and a rise and/or fall in cardiac troponin with at least one value above the 99<sup>th</sup> percentile of the upper reference limit (troponin I levels > 0.1 ng/mL) and elevated CK-MB is enzyme [19,20].

Hyperlipidemia was defined as total Cholesterol >220 mg/dL, Triglycerides >150 mg/ dL or treatment with lipid lowering drugs. Diabetes was defined as patients with random glycemia >200 mg/ dL at admission or FBG >125 mg/dL in two determinations or receiving insulin or oral hypoglycemic drugs; hypertension was defined as repeated blood pressure ≥140/90 mmHg or previous treatment with antihypertensive drugs [21].

Genomic DNA was extracted from peripheral blood leucocytes using silica membrane based DNA purification method (Qiamp DNA blood kit, Qiagen, Germany). Real time Polymerase Chain Reaction (PCR) Rotor-GeneTM 6000 (Corbett Research, Mortlake, NSW, 2137, Australia) for Val34Leu genotyping. Primers 5'was used FXIII AAC/TTC/CAG/GAC/CGG/CTT/T-3' and (5'-ACC/CAG/AGT/GGT/GGG/GAA-3') were used yielding 97bp amplicon. Two TaqMan probes were designed and used (5'-FAM-T-allele CAGTGGAGCTTCAGGGCTTGGT-Tamra-3') for (5'-TETand CAGTGGAGCTTCAGGGCGTGGT-Tamra-3') for G-allele. PCR reaction mixture consisted of 0.1µg of DNA; QPCR master mix provided from Qiagen, Germany was used. 400 nM from each primer and 150 nM from each probe were added in final 25 µl reaction volume. PCR cycles were optimized as follow: 95°C for 16 min. for initial enzyme activation and DNA denaturing; 40 cycles (95°C for 30 sec., 68°C for 60 sec).

## 2.2 Statistical Analysis

Collected data were coded, entered and analyzed using the Rotor gene instrument analysis software version 1.7 build (87). Data were exported into Statistical Package for the Social Sciences (SPSS version 10.0) software for analysis. Baseline characteristics of the study population were presented as frequencies and percentages (%) in qualitative data or mean values and standard deviations (SD) in quantitative data. Differences between frequencies were compared by Chi-square or Fisher exact tests. Differences between means were compared by paired samples t tests. A P value of = 0.05 was considered significant. Quantitative ranking of risk factors in the studied patients was performed by odds ratio (OR) and confident interval. Pearson correlation coefficient test was used after controlling of age variable to correlate the dependent variable FXIII (Val34Leu) genotypes and other independent variable (predictors). Analysis Of Variance (ANOVA) test followed by logistic regression analysis model of the dependent variable and other studied variables (independent predictors) were performed to estimate the effect of the FXIII (Val34Leu) polymorphism. Logistic regression with adjustment for age and sex was performed on each

variable to estimate OR and p-value. Consistency of the observed genotype frequencies with Hardy-Weinberg equilibrium was done.

## 3. RESULTS

This study illustrated a significant difference between MI patients group and control group in SBP, DBP, FBS, Cholesterol, LDL, TG and HDL (Table 1).

		Control (	n=25)	Patients	(n=82)	p-value
Age	Mean (SD)	51.68	14.648	53.96	10.599	0.40
	Range	32	94	38	75	
SBP	Mean (SD)	119	12.67	143.05	11.077	<0.0001**
	Range	100	145	130	170	
DBP	Mean (SD)	78	9.895	91.04	8.489	<0.0001**
	Range	60	90	70	110	
BMI	Mean (SD)	-	-	27.65	1.672	-
	Range	-	-	24	32	
FBS	Mean (SD)	110.52	35.170	174.17	70.982	<0.0001**
	Range	53	189	89	493	
PPBS	Mean (SD)	-	-	287.99	116.537	-
	Range	-	-	132	594	
Cholesterol	Mean (SD)	209.28	41.449	248.80	87.017	0.033*
	Range	135	283	138	640	
LDL	Mean (SD)	138.05	40.228	182.33	85.281	0.014*
	Range	70	218	66	596	
HDL	Mean (SD)	53.16	9.472	33.96	5.069	<0.0001**
	Range	36	68	22	49	
TG	Mean (SD)	90.36	23.738	168.51	71.727	<0.0001**
	Range	63	173	60	585	

Table 1. Descriptive statistics of the studied control and patients

SD: standard deviation, SBP: systolic blood pressure, DBP: diastolic blood pressure, BMI: body mass index, FBS: fasting blood sugar, PPBS: postprandial blood sugar, LDL: low density lipoprotein, HDL: high density lipoprotein, TG: Tri glycerides. \*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).

Smoking history as a risk factor did not show any significant difference between MI patients group and control group (Table 2).

		Contro (n=25)	bl	Patier (n=82		Used test	p- value
		No.	%	No.	%		
Smoking	Non-smokers	8	32.0	31	37.8	X <sup>2</sup> =0.28	0.60
history	Smokers	17	68.0	51	62.2		

#### Table 2. Risk factors of the studied control and patients

\*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).  $X^{z}$ : chi-square.

Factor XIII mutations of the studied control and patients in (Table 3) illustrated insignificant difference of wild type GG allele in control group (80%) versus MI patients group (76.8%) while the heterozygote polymorphism GT allele in control group was (12%) versus MI patients group (17.1%) with insignificant difference and the homozygote TT allele in control group was (8%) versus MI patients group (6.1%) with insignificant difference.

		Control	(n=25)	Patien	ts (n=82)	Used test	p-value	
		No.	%	No.	%			
Standard	Wild (GG)	20	80.0	63	76.8	0.11	0.74	
Mutations	Hetero (GT)	3	12.0	14	17.1	Fisher	0.77	
	Homo (TT)	2	8.0	5	6.1	Fisher	0.52	
	*Significant at th	he 0.05 level	(2-tailed), **S	Significant a	at the 0.01 leve	el (2-tailed).		

Table 3. Factor XIII mutations of the studied control and patients

Consistency of observed genotype frequencies with Hardy-Weinberg equilibrium were highly significant and showing more tendency among tested subjects for homozygous alleles than expected alleles 5% observed versus 1.8% expected homozygous alleles (Table 4).

Table 4. Consistency of observed genotype frequencies with Hardy-Weinberg equilibrium

	Observed	Expected	X²	p-value
Homozygote reference:	63	59.8	8.22	0.004**
Heterozygote:	14	20.5		
Homozygote variant:	5	1.8		
*Significant at the 0.0	5 loval (2 tailed) **Significan	t at the 0.01 lovel (2	tailad)	

\*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).

The Relative Risk (RR) of FXIII (Val34Leu) for MI patients was tested (estimated as Odds Ratios (OR) and 95% Confidence Intervals (CI)) for those with homozygous allele were compared with the risk for those who carried the wild type allele. With total of (82) cases, it is estimated for a statistical power of 80%, OR ≥ 2 will be significant at the 5% level. Factor XIII polymorphism showed insignificant OR and CI values indicating no effect as a risk factor for MI patients in recruited subjects and only HDL and FBS were risk factors with significant OR and CI values (Table 5).

Table 5. Estimate, standard error (SE), odds ratio (OR), and confident intervals (CI)
among the studied variables

	Estimate	SE	OR	p-value	959	% CI
					Lower	Upper
Age	-1.985	1.341	2.191	.139	-4.614	.643
Cholesterol	-1.131	3.896	.084	.772	-8.767	6.506
TG	-17.459	.000			-17.459	-17.459
HDL	-4.517	1.348	11.237	.001**	-7.158	-1.876
LDL	-1.143	3.859	.088	.767	-8.707	6.421
FBS	-2.443	1.155	4.470	.034*	-4.707	178
SBP	-3.414	1.940	3.098	.078	-7.216	.388
DBP	.448	1.726	.067	.795	-2.935	3.831
Smoking	637	1.159	.302	.582	-2.908	1.634
FXIII	.674	1.760	.146	.702	-2.777	4.124

SBP: systolic blood pressure, DBP: diastolic blood pressure, BMI: body mass index, FBS: fasting blood sugar, LDL: low density lipoprotein, HDL: high density lipoprotein, TG: Tri glycerides \*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).

Inter-correlations among the studied variables using Pearson correlation coefficient showed insignificant correlation between FXIII Val34Leu polymorphism and MI patients while all other tested predictors and risk factors such as blood sugar, high cholesterol and lipids, blood pressure and smoking were highly significant for MI. The most interesting outcome represented in this statistical test, there is no Inter-correlations significance between age and FXIII Val34Leu polymorphism (Table 6).

		Mean	SD	1	2	3	4	5	6	7	8	9	10	11
1-Age	Pearson	53.43	11.634											
-	Correlation													
	P-value													
2-Cholesterol	Pearson	239.57	80.358	096										
	Correlation													
	P-value			.323										
3-TG	Pearson	150.25	71.854	162	.189									
	Correlation													
	P-value			.095	.051									
4-HDL	Pearson	38.45	10.322	104	195	434								
	Correlation													
	P-value			.287	.044	.000								
5-LDL	Pearson	171.97	79.247	060	.979	.122	261 **							
	Correlation													
	P-value			.539	.000	.212	.007							
6-FBS	Pearson	159.30	69.731	.155	.092	.498 **	329	.064						
	Correlation													
	P-value			.110	.343	.000	.001 _	.513	**					
7-SBP	Pearson	137.43	15.317	.319	.071	.370	610	.094	.435					
	Correlation													
	P-value			.001	.469	.000	.000	.335	.000	**				
8-DBP	Pearson	87.99	10.390	.212	.151	.347	493	.163	.426	.842				
	Correlation													
	P-value			.028	.119	.000	.000	.094	.000	.000	**			
9-Smoking	Pearson	15.16	17.190	.216	014	.317	336	.010	.377**	.457	.377**			
	Correlation													
	P-value			.025	.886	.001	.000	.921	.000	.000	.000			
10-FXIII	Pearson	.38	.748	.059	.041	.030	098	.078	.001	.037	.051	.063		
	Correlation													
	P-value			.546	.672	.762	.314 🚛	.423	.992	.702	.599,,,	.521		
11-MI	Pearson	.77	.425	.083	.209	.462**	791	.238	.388**	.668	.533	.467	.047	
	Correlation													
	P-value			.393	.031	.000	.000	.014	.000	.000	.000	.000	.632	

#### Table 6. Means, standard deviations (SD), and inter-correlations among the studied variables

SBP: systolic blood pressure, DBP: diastolic blood pressure, BMI: body mass index, FBS: fasting blood sugar, LDL: low density lipoprotein, HDL: high density

lipoprotein, TG: Tri glycerides

\*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).

Regression analysis model showed insignificant effect of FXIII polymorphism in MI patients and only HDL, smoking and SBP have significant risk for MI patients. (Table 7)

	В	SE B	β	t	p-value
(Constant)	.662	.365		1.815	.073
Age	003	.002	083	-1.345	.182
Cholesterol	.002	.002	.427	1.255	.212
TG	3.804	.000	.001	.008	.994
HDL	024	.003	591	-7.099	<0.0001**
LDL	002	.002	356	-1.038	.302
FBS	.000	.000	.023	.334	.739
SBP	.009	.003	.334	2.819	.006**
DBP	004	.004	103	-1.003	.318
Smoking	.004	.002	.175	2.732	.007**
FXIII polymorphism	008	.031	014	259	.796
	R	.850			
	R <sup>2</sup>	.723			
	Adjusted R <sup>2</sup>	.694			

Table 7. Hierarchical regression model for MI occurrence and other studied variables
in the studied populations

SBP: systolic blood pressure, DBP: diastolic blood pressure, BMI: body mass index, FBS: fasting blood sugar, LDL: low density lipoprotein, HDL: high density lipoprotein, TG: Tri glycerides \*Significant at the 0.05 level (2-tailed), \*\*Significant at the 0.01 level (2-tailed).

## 4. DISCUSSION

Genotype analysis for FXIII Val34Leu was carried out in two well characterized subjects groups where the diagnostic criteria of MI were strict.

Cerebrovascular, coronary artery disease (CAD) and myocardial infarction shares many pathophysiologic mechanisms, several reports suggested that the FXIII-A 34Leu allele provides protection against them and were associated with a decreased risk of myocardial infarction in several different human studies [22-30].

The effect of polymorphism in FXIII-A 34Leu allele might be variable in different populations according to the levels of fibrinogen and thrombin in plasma. In relation, a meta- analysis of the published data demonstrated a moderate, but statistically significant protection by the Leu34 allele [31]. Some results suggest that a significant gene–covariate interaction exists between the FXIII-A Val34Leu genotype and fibrinogen levels [32,33].

The presence of the Val34Leu polymorphism increases the rate of FXIII activation by thrombin. In synthetic peptides, a significant variation in rates of activation has been demonstrated among different FXIII structures [34]. Studies have shown that the Leu34 allele variant promotes accelerated cleavage of the activation peptide once activated by thrombin [14]. The presence of the FXIII Val34Leu polymorphism has a significant effect on fibrin clot structure. Wartiovaara et al. have shown that fibrin  $\gamma$ -chain dimerization and a polymerization are enhanced in the presence of FXIII Val34Leu. In these experiments using low thrombin concentrations (0.5 U/mL),  $\gamma$ - $\gamma$  dimers were present at 2.5 min in the presence of all polymorphisms, but the FXIII 34Leu mutants accumulated the dimers faster and the  $\gamma$ -monomers disappeared faster compared to wild type controls [16].

Val34Leu polymorphism affects the function of FXIII by increasing the rate of FXIII activation with thrombin, which results in an increased and faster rate of fibrin stabilization [4,30]. This effect appears dependent on the genetic dose. Thus, the Leu/Leu genotype is associated with elevated activity of FXIII, whereas heterozygous carriers exhibit intermediate activity [14,18]. Although Frequency of the Leu34 allele in a Chinese Han population was lower than Caucasian populations (2.5 vs 20.4%-28.3%) FXIII-A Leu34 allele may contribute to a protective effect against the development of MI and this might indicate the Leu34 allele protective effect has no relation with its frequency [35].

In contrary, many other studies focusing on polymorphisms of these coagulation factors did not find an association with cardiovascular disease (CVD) in Italy and USA [36,37]. Several multi-locus candidate gene polymorphisms for other coagulation factors appear not, or only weakly, associated with the risk of first myocardial infarction (MI) in Netherlands and USA [38,39]. A study on Asian patients undergoing coronary angiography in the United Kingdom did not demonstrate an association between the Val34Leu FXIII polymorphism and a history of myocardial infarction and the published results came from Italy, USA and Spain [40]. As part of the negative studies came from Mediterranean countries, it was proposed that in these populations, well protected against CAD by environmental factors, the Leu34 allele does not provide any further protection [15]. Genetic analysis was performed on 585 Caucasian; unrelated subjects representative of the general population of Mediterranean Sea area and FXIII Val34Leu was not associated with reduced premature myocardial infarction [17].

In addition, many studies in Hungary, Italy and a meta- analysis in Canada have not found this association with MI and reported no effect of this polymorphism on the risk of deep venous thrombosis [41-43]. Pools from different geographical areas of Finland were genotyped and no significant differences in the allele frequencies were observed except in the Eastern Kainuu area, an area with an increased risk of mortality from coronary artery disease (CAD) [44]. FXIII Val34Leu genetic variant is strongly associated with resistance to fibrinolysis relevant to lytic therapy, but neither relates to premature CAD nor to recurrent acute coronary events [45].

The results of the current study showed that FXIII Val34Leu polymorphism has no effect on MI or hypertension in Egyptian patients. The current results of this study is in agreement with the various published data from Mediterranean Sea area, USA, Spain, Italy, Netherlands, Hungary and Canada [15,17,35-37,39-43]. The discrepancy in this study with other studies might be explained by the hypothesis that role of this polymorphism in thrombosis is a population-dependant [17].

## 5. CONCLUSION

FXIII Val34Leu polymorphism has no effect in the recruited Egyptian MI patients which is similar to most of the published studies considered the Mediterranean Sea area populations.

## CONSENT

Written consent was taken from all participants as a routine admission protocol, as the hospital is a charge-free university educational hospital and all patients were informed that their diagnosis and collected biological samples during diagnosis could be used anonymously for education and research purposes.

# ETHICAL APPROVAL

This work was approved by the ethical committee and all Patients were recruited from consecutive admission to the coronary care unit, Suez Canal University Hospital, Ismailia, Egypt. All prerequisites demanded by the Faculty research ethical committee were considered and fulfilled for our patients and the whole protocol without any invasive techniques or methods was approved from Faculty research ethical committee. All blood samples were drawn during the patients' examination by the Cardiology specialists in outpatient clinic.

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## COMPETING INTERESTS

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